

Hello Everyone.

Welcome to our latest newsletter.

Firstly, we hope that everyone's had a nice holiday and although most people have been swimming throughout the school holidays, some swimmers have not returned to the pool. If anyone is not returning, we would appreciate if you could let your coaches know asap.

Many of you may be expecting a request for membership fee for September, but this has been postponed until after the AGM in November. The plan is to incorporate the annual fee into the monthly training fees to avoid a lump sum payment.

More details will follow after the AGM.

We continue to hold trials for new swimmers and have welcomed some new swimmers over the last couple of months with our last intake starting last Wednesday. For you who have just joined, we hope that you have enjoyed your first swims and have been made to feel welcome. We also want to say hello and good luck to our new A Squad swimmer Adrian.



**SHOP NEWS** 



We liaised with parent helpers regarding the swim caps and there was a unanimous decision to change the swimming caps from white to purple and silver. We think the hats will be more distinctive and recognisable in the pool and meets.

There is no pressure to purchase the purple caps. White caps will still be used by swimmers until such times as they are done away with.

We are ordering some stock of the new caps and a smaller number of long hair caps, which will cost slightly more. We will also arrange an order of personalised caps in the near future. We will update you with prices etc at a later date.

Klas Klothing have now added shorts and Capri Leggings (Junior) to our Club Shop.

## **MEET NEWS**

Many swimmers took part in the Virtual Scottish Swimming Competition 'Tighinn Comhla' in July. There were some good times by the swimmers who took part. The results can be found in the North District Page or there is a link on our Facebook page. We were also very proud of our swimmers who represented us at the Festival of Swimming at Aberdeen back in July - Well done Alex, Andrew, Caitlin, Ellie and Isla.

Congratulations to Ellie who competed in the 4km and 2km races at the West District Open Water Championships at Loch Venachar. She finished the day with a great silver in the 17-24 year olds 2km!



GREAT NEWS! It is now looking like meets are going to start again with planning taking place for North District meets in October and November, with the first meet on 9/10 October. We hope that as many swimmers that are eligible will swim but the criteria is for 12 years (age 12 by Dec 31st) and over. North District will be looking for technical officials and the club also need parents to assist with the running of the meets. This is a good earner for the club and any proceeds from the event are all going towards recruiting our much-needed new Head Coach.

For our younger swimmers we are hoping mini meets start soon and we are hopeful this will be sooner rather than later.

Let's hope that all the swimmers can return to competition and the opportunity for our younger and newer swimmers to get experience in competitions.



**Head Coach/HST** 

The committee have agreed to restart the process of looking for a Joint Head Coach in conjunction with Highland Swim Team and Scottish Swimming. There will be a lot of work involved over the foreseeable future in relation to this and to the general running of HST. The chair and vice attended a virtual meeting with several other Highland Clubs on the 24th August. A follow up meeting is being held on the 2nd September where more information should be available to progress this further. Suitable information will be put out in due course. Thereafter, the plan is to have the HST AGM on Monday 20th September at 8pm. They will be looking for a new committee to run the club so hopefully some parents will be interested in assisting in this - the HST role may suit A/B parents with swimmers likely to be involved in HST swimming sessions. For new parents/carers in C Squad, HST provides a pathway program for Elite Swimmers from across the North of Scotland.



## **IT/SYSTEMS**

We are in the process of changing our Membership System to Coacha - this will be an easier process for both the Parent Volunteers and for Swimmer's Records. The transition to Coacha will take place between now and November. This will allow the club to have a more streamlined membership and payment system for training and other cardless payments. We do ask that if you receive any emails regarding Coacha to please respond to any requests timeously.



Please continue to check Facebook where we will keep you up to date with information or links of interest. Our web page still requires to be updated and we will need to look at that going forward. Fiona one of our parents was doing a challenge and has raised her goal of £250 for the club - well done Fiona we are so proud of you - THANK YOU!!

If anyone is interested in Web design or assisting with running the website page, please get in touch.

## Vacancies/Working Together

A number of new swimmers have been at the club a few months now and we hope they have settled in are enjoying being part of the club. To the new parents/carers we hope now that you can look at assisting the club going forward. The club only exists due to the volunteering of parents and carers, and we would ask that you look at where you may be able to assist in this. We are planning to have face to face "MOVING FORWARD" meetings with you soon to see how you can help the club and your swimmer. If prior to this meeting you feel you want to get in touch and offer your help, there is a list of current committee vacancies below. Please feel free to contact Fiona and Matty (Chair/Vice) if you wish to discuss anything in regard to this.

We are ALL Volunteers and a young committee learning the roles and the only way is to work together and help each other. We are a friendly bunch, and we are hoping that if we can get a good bank of parents then we can make life easier for each other rather than parents being shouldered with too much work.

## REMEMBER - NO VOLUNTEERS - NO SWIMMING CLUB - NO SWIMMING



VACANCIES - Below are the current vacancies with very brief information. If you would be interested, please contact the Chair and we can try and give you as much information as you need or point you in the right direction of who can answer your queries. Please feel free to ask any questions and consider any roles that may be relevant to your time and lifestyle. If you try it and it's not for you then there are lots of roles in the club. We would really like to have a bank of parents being involved in each role so there is continued sustainability and minimum work to each volunteer. SWIMMING CLUBS

REQUIRE PARENT PARTICIPATION - WE NEED A LOT OF HELPERS TO MAKE THIS CLUB RUN AND ALLOW FOR SWIMMMERS TO COMPETE.

**Membership Secretary** - Archie is resigning at the AGM in November. His son has now left the club, but he continues to commit his time to your swimmers. We can't thank Archie enough for that. This could be a shared role and we believe Coacha is going to ensure a much smoother process going forward. We could do with a couple of parents to start asap so we can get Coacha up and running.

**Meet Secretary** - We require at least one more Meet Secretary, to assist with our North District and Mini Meet Secretaries, but the more the merrier! We could also do with a parent or two to help with updating Hy-tek (swimming times) when coaches time the swimmers, so if you can't commit to a full role you are still contributing.

**Swimming Technical Official -** This role involves arranging courses for parents. This role would suit someone who needs to be flexible and can arrange courses around themselves. We really could to with someone looking at parents' roles and participation in the club.

Medals Co-ordinator - To arrange ordering and stock of medals for Club Meets and Club Championships.

**North District Meets Convenor** - Organising the dry-side of North District meets which are held in Inverness along with a working group of parents. This role may suit a parent from A/B Squad.

**Fundraisers** - We still need Fundraisers - Enthusiastic parents very welcome. There is also access to an IASC Fundraiser email to assist with the role.

**Treasurer Assistants**- We have a bookkeeper Kev who does our monthly accounts, but Gillian continues to oversee the main treasurer's role and the emails. We would be looking for parents to assist with the day-to-day emails and club payments etc. Going forward Coacha will reduce the workload of training fees, payments etc

**Website/Press Officer** - This could suit anyone is keen to get involved with the Website, Facebook and Social Media. This would be great for anyone planning an IT or Media career - a good one to put on the CV!

**Shop/Caps -** Fiona currently has ownership of the shop but is so busy with her role as Chair that we really need someone to come forward. All that is required is to arrange orders and distribution of swim caps and the occasional order of Coaches T Shirts.

**HST REPS** - We currently have one HST rep, but the club would be looking for at least 2 parents to ensure the club is represented at all HST committee meetings. HST will also be looking for committee members as they restart.

As you see there are a number of roles that take very little time and can be done from the comfort of your own home at a time when it suits you. As meets start we are sure that there will be a requirement for timekeepers, judges etc and the club will need to look at this going forward. If you are interested in Coaching, there is various funding available and as the club continues to move on after the pandemic, we will need more coaches, especially for the younger swimmers. You as a parent could start a swimming journey with your child.

Thanks

Inverness Amateur Swimming Club